

SANDWICHES		TOASTED SANDWICH	E S
TARA'S TUNA White albacore tuna tossed with fresh apples and mayonnaise, crisp lettuce and tomato	9.50	ROASTED CHICKEN Thinly sliced roasted chicken with white cheese, mayonnaise and our own special sauce	
TRADITIONAL TUNA White albacore tuna tossed with red and green peppers, sprinkled with salt, pepper and mayonnaise	9.50	TUNA MELT Albacore tuna mixed with white onions, cream cheese and grilled with shredded chedder cheese	10
HENRY THE 8TH Sliced ham topped with slices of pear and crumbled blue cheese and a spread of honey	9.50	SALADS DRESSINGS: FRENCH, RANCH, ZESTY ITAILIA THOUSAND ISLAND & BALSAMIC VINAIGRE	
mustard CANTERBURY CLUB Thinly sliced roasted chicken and white cheese, lettuce, tomato and our own special sauce HAM & CHEESE Sliced ham, white cheese, lettuce, tomato & honey mustard CRUNCHY EGG Hard boiled egg mixed with sweet relish, red & green peppers, mayonnaise or honey mustard with white	9.50	CHEFS SALAD Topped with ham, egg, shredded chedder cheese and your choice of dressing	12
	9.50	GARDEN SALAD Fresh lettuce, diced cucumber, green & red pepper and tomato	10
	9.50	SIDE SALAD Fresh lettuce, diced cucumber, green & red pepper and tomato	5
		*Add chicken or albacore tuna to any salad	5
cheese & slices of cucumber CHEESE & PICKLE White cheese spread with Branston Pickle and mayonnaise	9.50	CHICKEN SOUP Made with fresh pumpkin, carrot, potato, thyme, red pepper and tomato served with warm bread	10
CUCUMBER SANDWICH Sliced cucumber with balsamic vinegar & mayonnaise	9.50	TOMATO BASIL SOUP A hearty soup made with fresh basil served with warm bread	10
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CREAMY PUMPKIN SOUP

Fresh pumpkin soup with orzo, red & green peppers served with a warm bread

10



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QUICHE

SERVED WITH MINI SALAD &
YOUR CHOICE OF DRESSING
SPINACH

Spinach with a mix of mild chedder and american cheese

LORRAINE 13
Ham with a mix of mild
chedder & american cheese
QUICHE 10

BEVERAGES

FRESH BREWED TEA 5
ICED TEA 5
HOT CHOCOLATE 5
COFFEE 5
APPLE JUICE 4
FRUIT PUNCH 4
SODA 2.50
BOTTLED WATER 2.50

SCONES

PLAIN OR RAISIN
Served with Devon Cream & jam

Extra Devon Cream & Jam

1
TRADITIONAL CREAM
TEA
Scone with Devon Cream & jam served with your favorite pot of tea

FRESH JUICES

LEMONADE	6.50
CUCUMBER JUICE	6.50
CARROT JUICE	6.50

Please note that an additional fee of \$3 will be added for any splitting of menu items.



TEA

BERRY BERRY

Full flavored with deep berry notes. A terrific herbal tea.

ALMOND

Lovely hints of nutty character tempered with classic almond sweetness.

APRICOT

Stirs memories of sweet ripe apricots with an amazing aroma, add a dash of sugar to enhance the flavor.

MANGO MIST

Fresh piquant mango character with memories of happy days in the sun.

YUMMY BERRY

Wild berry, current and fruity, tending sweet and tart. (Kids Tea)

LAPSANG SOUCHONG

A superior leaf, offers a crisp charcter with the remarkable and heady aroma of an oak fire.

ENGLISH BREAKFAST

A perfect tea with good body and full tea flavor notes. Coppery bright especially enticing with milk

EARL GREY

Fine black tea expertly blended with the citrus fruit flavor of begamot, to deliver an uplifting tea with a unique floral aroma and refreshing taste.

LULLABY TEA

Delicious Lemon notes with hints of dried restful herbs.

BUCKINGHAM PALACE GARDEN PARTY

Flavored with medium body.
Delicate Earl Grey and
Jasmine notesa: bright with
golden coppery color. Perfect
for afternoon setting.

ROYAL BENGAL TIGER Hints of cinnamon, passion fruit and mango result in a

deliciously mild spice and fruit tea.

IRISH BREAKFAST

Full flavored, complex and pungent Indian teas, with hints of malt and citrus: floral and sweetly dry flavors.

BLUEBERRY GREEN

Very aromatic. The blueberry flavor literally fills the cup.

BLUE SPRING OOLONG

An imperial favorite. Hand selected Ti Kuan Oolong layers notes of orchid, baking bread and faint wine

WELLNESS ENERGY

Robust and energizing. Yerba mate notes are tempered with refreshing lemon and a lovely spearmint finish.

GREEN TEA CHAI

Superb green tea blended with fresh Asian spices for real green tea chai! Delicious, especially with milk and sugar.

ORGANIC GINGER REGENERATE

Green tea and ginger pressed together to regenerate and recharge. Ginger, known for restorative properties offers a bit of a bite.



TEA

CALMING DE-STRESS

Smooth, lightly lemon with mild notes of sage and earl grey. The pressure's off.

RAINBOW JASMINE

Exotic full floral jasmine. Smooth green tea flavor. Long delicate floral finish.

IZU GREEN MATCHA

Has a jammy-like smoothness with very satisfying full cup. Luxury grade style Japanese green tea and Gyokuro gives a light astringent finish.

BUBBLEGUM

Combines carmel with strawberry and lemon charcter to create taste sensation for the younger set. (kids tea)

GINER MANGO

A blend to fall in love with! Sensational cup opens with note of Tahitian manfo, finishing with tingly thai ginger.

TURMERIC

Lightly herbaceous with notes of chestnut and spice.

HIBISCUS

A lovely deep red infusion similar to grenadine with a taste close to lemonade.

APRICOT SUPREME

Bold, bright with sweet apricot and somewhat tart.

AYURVEDIC CALMING

Smooth spicy notes with the sweet rooibois coming to the fore. Calms the body, calms the mind.

O R G A N I C C H R Y S A N T H E M U M

RELAX

Put your feet up, sit back and chill, tea coin pressed with freshly plucked chrysanthemum unlocks the secret of relaxation.

VANILLA

This rich and thick flavor evokes a warm welcome home! A dash of sugar adds to an already delicious flavor.

LEMONGRASS

A sweet lemon taste profile. Often used in teas to impart a lemon character without the tangy flavor.

MORINGA

Notes of cabbage with an olive chaser.